

ECONOMY DOULA SUPPORT PACKAGE

	For birth class registrants	For those not registered for class
Price*	\$500-\$700	\$700-\$900
Prenatal	You will get a chance to meet most (if not all) of the doulas during your class series and talk a bit after classes. Phone, text, and email support is available. *A 90 minute in-person doula prenatal may be scheduled as an add-on for \$100.	You will schedule a 90 minute in-person, get-to-know-you meeting with one of the on-call doulas. Phone, text, and email support is available.
Labor	Includes continuous care at the birth center from active labor until 1-2 hours postpartum. This applies even in the event of transfer to a hospital. No home support is offered in this package unless it is a planned home birth, in which case we would arrive starting at active labor (about the time that your midwife arrives).	
Postpartum	Includes follow-up phone, text and email support from the doula that attended your birth. *A 90 minute in-person postpartum visit with the doula that attended your birth may be scheduled as an add-on for \$100.	
Distance	If travel outside of our coverage area (20 miles from CMC) is requested (i.e. for home birth or for a prenatal home-visit) additional travel fees may apply.	

PREMIUM DOULA PAIR SUPPORT PACKAGE

	For birth class registrants	For those not registered for class
Price*	\$1000 - \$1500	\$1100 - \$1600
Interview	We will let you know which doula pair is available for your due date and you can schedule an in-person interview before you decide to go forward with doula services.	
Prenatal	You will get a team of two doulas who will come to your home for an in-person, 3-hour prenatal meeting. One of these doulas will attend your birth. Phone, text and email support is available.	
Labor	Includes continuous care from whenever you need your doula in labor, to 1-2 hours postpartum. This applies even in the event of transfer to a hospital.	
Postpartum	Includes one in-person, 2-hour postpartum visit by the doula that attended your birth. Phone, text and email support also offered as needed.	
Distance	If travel outside of our coverage area (20 miles from CMC) is requested (i.e. for home birth or for a prenatal home-visit) additional travel fees may apply.	

***About the fee range:** We promise we are not trying to be confusing by having a price range. Birth, however, is unpredictable. As doulas we pour our undivided attention, our time, our tender touches, and our hearts & souls into you as you birth--however long it takes. It's hard to put a price on that! You are only obligated to pay the lowest amount on the scale, but if you feel that your doula made a difference in your birth, you are welcome to increase your payment in recognition of the value of the service you received. If you have more questions about our pricing please do not hesitate to ask.